

OCTOBER IS
Contact Lens
SAFETY
MONTH

Presented By

ecv 
purpose



Contact Lens Safety

Contact lenses can be safe and effective in helping people see more clearly. However, when used improperly, they can cause serious eye and vision problems, including corneal ulcers and potentially blinding infections.

Care and cleaning of contact lenses depends on the type of lens. All lenses need regular, thorough cleaning and storing. Daily-wear and extended-wear users must be especially careful to follow the recommended regimen of lens cleaning, rinsing, disinfecting, enzymatic cleaning and lens case cleaning.

For all lenses, always buy commercially prepared sterile solutions. Never use home-made saline solutions! They are dangerous. Your eye doctor can provide information and instructions for proper care of your contact lenses.

(Source: preventblindness.org)



Guidelines for *Contacts Lens Care*

1. Before handling contact lenses, wash your hands with soap and water, then rinse and dry them with a lint-free towel.

2. Contact lenses should NOT be rinsed with or stored in water (tap or sterile water).

3. Contact lens cases should always be cleaned with fresh solution – not water; then leave the empty case open to air dry.



Guidelines for *Contacts Lens Care*

4.

Do not re-use old solution or “top off” the solution in your lens case.

5.

Do not use cracked or damaged lens cases. Lens cases can be a source of contamination and infection.

6.

Wear and replace contact lenses according to the schedule prescribed by your eye care professional.



Can anyone wear contact lenses?

Not everyone who needs glasses wants to wear contacts, but 9 out of 10 people who want to wear them can wear contacts.

However, contact lenses may not be a good option for people who:

- Have had repeated eye infections
- Suffer from severe allergic reactions
- Have problems with eye lubrication
- Are exposed to large amounts of dust, dirt or smoke have a specific vision problem or need special lenses

If you want to wear contact lenses, you must first schedule a visit with an eye care provider. Because contact lenses are medical devices, they need to be properly fitted by an eye care professional. This is true even if you don't wear glasses and just want to wear contacts to change your eye color.

Once the eye care provider checks your eyes to make sure it's okay for you to wear contacts, then they can write you a prescription for contact lenses.

(Source: preventblindness.org)



CONTACT LENS SAFETY MONTH



LET'S TALK ABOUT
COSMETIC CONTACT LENSES





COSMETIC CONTACT LENSES

- Halloween is around the corner and we want you to have a safe and fun holiday. If you plan on wearing cosmetic contact lenses as part of your costume, please keep this in consideration.

Cosmetic contact lenses, often called zero-power or plano contact lenses, can make quite a fashion statement. But when these lenses are bought without a prescription at boutiques, beach shops, tattoo parlors and other nonprofessional retailers, they pose serious health risks.

Always visit an eye care provider to be fitted for contact lenses. Always wear contact lenses under the supervision of an eye care provider.

Be safe and have a spooktacular time!

(Source: preventblindness.org)

